

**GAMBARAN KUALITAS HIDUP LANJUT USIA PADA  
PENDERITA HIPERTENSI DI WILAYAH  
KERJA PUSKESMAS LUBUK BUAYA  
KOTA PADANG TAHUN 2022**

**SKRIPSI**



Diajukan sebagai syarat untuk mengikuti Seminar Akhir  
Skripsi pada Fakultas Kedokteran  
Universitas Baiturrahmah

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PADANG  
2022**

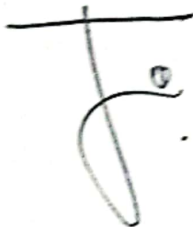
HALAMAN PENGESAHAN SKRIPSI

Judul: Gambaran Kualitas Hidup Lanjut Usia Pada Penderita Hipertensi  
di Wilayah Kerja Puskesmas Lubuk Buaya Kota Padang Tahun  
2022

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Telah disetujui  
Padang, 13 Januari 2023

Pembimbing 1



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Pembimbing 2



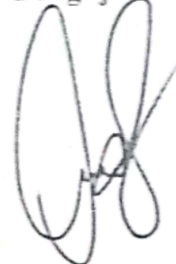
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## PERNYATAAN KEASLIAN PENELITIAN

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Padang, 13 Januari 2023



Viona Andila

## ABSTRACT

### DESCRIPTION OF THE QUALITY OF LIFE IN ELDERLY HYPERTENSION PATIENTS IN THE WORK AREA OF LUBUK BUAYA PUBLIC HEALTH IN PADANG CITY 2022

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**Background :** Cases of hypertension in the elderly are still a problem, especially in the people of West Sumatra. Patients with hypertension must be taken seriously because it can reduce the quality of life of the elderly and can even cause more serious illness to sudden death due to hypertension which does not cause significant symptoms for sufferers.

**Objective :** To find out the description of the quality of life of elderly people with hypertension in the working area of the Lubuk Buaya Health Center, Padang city in 2022.

**Method :** The scope of this research is internal medicine and psychiatry. The research was conducted in March - October 2022. The type of research is descriptive categorical. The affordable population in this study were all elderly people with hypertension when visiting the Lubuk Buaya Health Center in Padang City in 2022 with a total of 61 samples using the total sampling technique. Univariate data analysis was presented in the form of a frequency distribution, and data processing used the computerized SPSS program IBM version 25.0

**Results :** More than half with blood pressure status of degree 1 hypertension, namely 35 people (57.4%), more than half with female sex, namely 50 people (82.0%), more than half with elderly people, namely 45 people (73, 8%), more than half with marital status are married, namely 35 people (57.4%), more than half with a long history of > 1 year, namely 54 people (88.5%), more than half with a history of other diseases, namely 34 people (55.7%), and more than half with a good quality of life, namely 53 people (86.9%), more than half with good physical domain, namely 46 people (75.4%), more than half with good psychological domain, namely 50 people (82%), more than half with good social domain, namely 53 people (86.9%), and more than half with a good environmental domain, namely 55 people (90.2%).

**Conclusion :** The quality of life for the elderly in general is good, the quality of life for the elderly in the physical domain is good, the quality of life for the elderly in the psychological domain is good, the quality of life for the elderly in the social domain is good, and the quality of life for the elderly in the environmental domain is good.

**Keywords:** Elderly, Degree of Hypertension, Quality of Life.