

**PENGARUH DUKUNGAN KELUARGA TERHADAP
TINGKAT AKTIVITAS SEHARI-HARI PADA LANSIA
PASCA STROKE NON HEMORAGIK
PUSKESMAS LUBUK BUAYA**

SKRIPSI



Diajukan sebagai syarat untuk memperoleh gelar
Sarjana Kedokteran pada Fakultas Kedokteran
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HALAMAN PENGESAHAN SKRIPSI

**Pengaruh Dukungan Keluarga terhadap Tingkat Aktivitas Sehari-hari
pada Lansia Pasca Stroke Non Hemoragik Puskesmas Lubuk Buaya**

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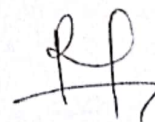
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ABSTRACT

THE INFLUENCE OF FAMILY SUPPORT ON THE LEVEL OF DAILY ACTIVITIES IN ELDERLY POST NON HEMORRHAGIC STROKE AT LUBUK BUAYA PADANG HEALTH CENTER

Rasti Andika Sari

Background: Non hemorrhagic stroke is a stroke that can be caused by thrombus and embolism. After having a stroke, a person's level of dependence on other people will increase, so that a person is not independent in carrying out activities of daily living (ADL). Caring for the elderly after a stroke requires family involvement. **Objective:** This study aims to determine the effect of family support on the level of daily activity in elderly people after non hemorrhagic stroke at the Lubuk crocodile health center in Padang. **Method:** This research covers the scope of geriatrics (Internal Medicine) and Neurology. This research was conducted at the Lubuk Buaya health center, Padang City in November 2023. This research used an observational method with a cross sectional design, using secondary data obtained from questionnaires and medical records. The affordable population is the elderly after non hemorrhagic stroke at the Lubuk Buaya Padang health center in 2022, namely 168 people. The sampling method was chosen using a purposive sampling technique. The sample in this study was 30 respondents. Univariate data analysis is presented in the form of a frequency distribution and bivariate analysis uses the chi-square test. **Results:** Of the 30 respondents, 25 elderly people received high category family support (83.3%), while 5 elderly people received medium category family support (16.7%). Furthermore, of the 30 respondents, 26 elderly people carried out daily activities in the good category (86.6%), while 4 elderly people carried out daily activities in the moderate category (13.3%). Based on statistical analysis using the chi-square test, it shows that there is a significant influence of family support on daily activities for the elderly at the Lubuk Buaya Community Health Center, Padang. This can be seen from the test results where the p -value is $0.01 < 0.05$. **Conclusion:** Elderly people after non hemorrhagic stroke at the Lubuk Buaya Padang Health Center receive high family support. Elderly people after non hemorrhagic stroke at the Lubuk Buaya Padang Community Health Center carry out their daily activities well. There is a significant influence of family support on daily activities in elderly people after non hemorrhagic stroke at the Lubuk Buaya Padang Community Health Center ($p = 0.001$).

Keywords: family support, daily activities, elderly, stroke